

LINKS AND RESOURCES

NOTE: We are providing the following list for informational purposes only. Inclusion in this list is in no way an endorsement of this site.

Academy for Eating Disorders: An international transdisciplinary professional organization that promotes excellence in research, treatment, and prevention of eating disorders. This site can be used to help locate specialists around the world.

<http://www.aedweb.org>

American Dietetic Association: This site offers good information about optimal nutrition and health.

<http://www.eatright.org/Public>

Anorexia Nervosa and Related Eating Disorders, Inc (ANRED): This site provides answers to Frequently Asked Questions about eating disorders.

<http://www.anred.com/welcome.html>

Gurze Books: Specializes in eating disorder publications and resources.

<http://www.bulimia.com>

International Olympic Committee Medical Commission: This website provides a copy of the IOCMC Position Stand on the Female Athlete Triad (disordered eating, amenorrhea, and osteoporosis).

http://www.olympic.org/uk/organisation/commissions/medical/index_uk.asp

National Association of Anorexia Nervosa and Associated Disorders (ANAD):

This site provides information and helps with referrals.

<http://www.altrue.net/site/anadweb>

National Eating Disorders Association (NEDA): This group develops prevention programs for a wide range of audiences, publishes and distributes educational materials, and operates a toll-free eating disorders information and referral helpline.

<http://www.nationaleatingdisorders.org>

NCAA Coaches Handbook on Managing the Female Athlete Triad: This handbook was written for coaches to help them identify and manage athletes with symptoms of the Female Athlete Triad (disordered eating, amenorrhea, and osteoporosis).

http://www1.ncaa.org/membership/ed_outreach/health-safety/index.html

NCAA Nutrition and Performance Information: This website provides information to promote a healthy and safe environment for student-athletes regarding optimal nutrition, positive body image, and peak performance.

http://www1.ncaa.org/membership/ed_outreach/nutrition-performance/index.html